The greatest challenge in orthogeriatric management which is on the rise globally and Asia is to optimise function post-operatively. Maintaining mobility after a fracture through a ‘stable construct’ is the cornerstone to achieve these functional goals. This conference aims to review the current concepts of ‘fixation’ and ‘arthroplasty’ as an ideal construct after trauma in the elderly.

**Session 1: The Aging Shoulder**
- The Role of Arthroscopic Surgery for the Aging Rotator Cuff
- Fixation of Osteoporotic Proximal Humerus Fractures – What options do We Have?
- Primary Arthroplasty in Osteoporotic Proximal Humerus Fractures
- Revision Surgery for Failed Osteosynthesis in Proximal Humerus Fractures
- Reverse Shoulder Arthroplasty – Tips and Tricks
- The Role of Arthroscopy for Refractory Frozen Shoulder

**Session 2: The Aging Elbow and Wrist**
- Fixation for Distal Humerus Fractures in the Elderly
- Total Elbow Replacement for Distal Humerus Fractures in the Elderly
- Complex Distal Humerus Fracture in the Elderly – To Fix or Replace?
- Distal Radius Fractures in the Elderly – Current Management Options
- Hand and Wrist Fractures in the Elderly
- Upper Limb Case Discussions

**Session 3: The Aging Hip and Pelvis**
- Fixation options for IT Fracture in the Elderly – To Plate or Nail?
- Total Hip Replacement for Acute Neck of Femur Fracture in the Elderly – Is it Justified?
- Revision Options for Failed Osteosynthesis for Hip Fractures
- Periprosthetic Fractures in the Elderly – What Options do We Have?
- Sacral Insufficiency Fracture in the Elderly – Should we Treat?
- ‘Integradged Care Model’ for Geriatric Hip Fractures – The Singapore Experience

**Session 4: The Aging Knee and Ankle**
- Distal Femur Fractures in the Elderly – The Ideal Construct
- Acute Primary Total Knee Arthroplasty for Peri-articular Knee Fractures in the Elderly
- Peri-prosthetic Fractures around the Knee – Fixation or Revision?
- Complex Hindfoot Trauma – Does Age Dictate Surgical Management?
- Ankle Replacement in the Elderly – Current Concepts and Outcomes
- Lower Limb Case Discussions

**Registration Fees**

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<th>Category</th>
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Organised by: Tan Tock Seng Hospital

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